

**Dear Participant:** 

As you know, to be enrolled in the highest level of medical coverage for which you are eligible, you must complete the Fund's Biometric Screening Program. This letter contains important information about the Biometric Screening Program and your eligibility to enroll in the best medical plan available to you, for benefits effective January 1, 2022.

#### **IMPORTANT DATES AND DEADLINES**

The Biometric Screening Program was developed to help you and your family live healthier, and to help the Fund design benefits that best meet your needs. For benefits effective January 1, 2022, participants and enrolled spouses must complete biometric screenings with their physician between January 1, 2021 and September 30, 2021. You must return the completed Biometric Screening Form(s) to the Fund Office for receipt by September 30, 2021.

If you and/or your enrolled spouse fail to complete the Biometric Screening Program, you will be enrolled in the second highest level of coverage for which you are eligible, effective January 1, 2022. As a result, you will incur higher out-of-pocket costs for your medical coverage. So, make sure to complete the Biometric Screening Program to enroll in the best medical plan available to you!

◆ The Biometric Screenings must have been completed between January 1, 2021 and September 30, 2021. If you already completed your biometric screenings, simply ask your doctor to complete your Biometric Screening Form(s). Then, return it to the Fund Office for receipt by September 30, 2021.





## What are "biometric screenings"? (See Section II of the Biometric Screening Form)

 Biometric screenings are tests that are used to establish a health baseline which can be used to identify and manage potential health issues.

### What information is required for the 2022 Biometric Screening Program?

✤ Blood Pressure, Lipid Panel (Cholesterol), Height & Weight, Glucose Level (Blood Sugar)

## What are preventive screenings? (See Section III of the Biometric Screening Form)

Preventive screenings are tests to detect potentially serious health conditions. Your physician should note on your Biometric Screening Form if you have completed the tests listed below (if applicable).

Note: You are not required to complete these tests for the Biometric Screening Program. Just answer the yes or no questions.

Mammogram, Prostate Cancer Screening, Pap Smear, Colorectal Screening

## Who must complete a Biometric Screening Form?

- All participants who wish to enroll in the *highest* level of medical coverage for which they are eligible must complete a Biometric Screening Form. This applies if:
  - $\circ$  You were enrolled in a lower plan in 2021 and wish to enroll in the highest plan in 2022;
  - $\circ$  You were enrolled in the highest plan in 2021 and wish to stay in that plan in 2022; or
  - $\circ$  You are enrolling in medical coverage for the first time and wish to elect the highest plan \_

#### <u>NOTE</u>:

- Your spouse must complete a Form only if he/she is enrolled under your Fund medical coverage.
- Dependent children are <u>not</u> required to complete a Biometric Screening Form.
- If you do <u>not</u> wish to enroll in the highest medical plan for which you are eligible, you do <u>not</u> need to complete a Form.

#### What happens if I and/or my spouse do not complete and return a Biometric Screening Form?

If you elect the highest medical plan and you and/or your enrolled spouse do not complete a Biometric Screening Form, you will be enrolled in the *second highest* medical plan, effective January 1, 2022.

#### What is the deadline to complete the Biometric Screening Program?

- ♦ Biometric screenings must have been completed between <u>January 1, 2021</u>, and <u>September 30, 2021</u>.
- You must return your completed Biometric Screening Form(s), signed by your physician, to the Fund Office no later than <u>September 30, 2021</u>.

#### How do I submit my Biometric Screening Form(s) to the Fund Office?

• You may submit your completed Biometric Screening Form(s) via mail, fax, or e-mail.

#### Will I have to pay for the biometric screenings?

If you schedule your doctor visit as a "well" visit, you should not incur a co-pay. However, you may
incur out-of-pocket costs for other services that your doctor deems necessary. \*Your doctor may
charge a fee for completing the Biometric Screening Form.

#### <u>NOTE</u>: You do not need to have a full physical exam to complete the Biometric Screening Form

# **REMINDER:** Enroll with a Fund Network provider to pay the lowest out-of-pocket costs and to receive the highest level of Fund benefits.