



2021 BIOMETRIC SCREENING PROGRAM



Dear Participant:

The 2021 Open Enrollment is here! To be enrolled in the highest level of medical coverage for which you are eligible, you must complete the Fund's Biometric Screening Program. This letter contains important information about the Biometric Screening Program and your eligibility to enroll in the best medical plan available to you, for benefits effective January 1, 2021.

The Biometric Screening Program was developed to help you and your family live healthier, and to help the Fund design benefits that best meet your needs. To enroll in the best medical plan, each participant and enrolled spouse must complete biometric screenings with their physician and return a completed Biometric Screening Form (enclosed) to the Fund Office for receipt by **November 13, 2020**.

Please note that this year, participants and eligible spouses will be required to complete an eye exam as part of the Biometric Screening Program if you are enrolled in the Fund vision benefit. Eye exams are provided under the vision benefit at no cost to you and may be obtained at thousands of EyeMed Insight network providers. To find a provider, go to eyedoclocator.eyemedvisioncare.com, or click on the EyeMed Provider link on the Fund's website at www.ufcw1776benefitfunds.org.

If you or your enrolled spouse fails to complete the Biometric Screening Program, you will be enrolled in the second highest level of coverage for which you are eligible, effective January 1, 2021. As a result, you will incur higher out-of-pocket costs for your medical coverage. So, act now to complete the Biometric Screening Program and enroll in the best medical plan available to you!

- ❖ The Biometric Screenings must have been completed between November 1, 2019 and November 13, 2020. If you already completed your biometric screenings, simply ask your doctor to complete your Biometric Screening Form(s). Then, return it to the Fund Office for receipt by November 13, 2020.

Frequently Asked Questions



What are biometric screenings? (See Section II of the Biometric Screening Form)

- ❖ Biometric screenings are tests that are used to establish a health baseline which can be used to identify and manage potential health issues. The following tests must be completed:

Blood Pressure - Lipid Panel (Cholesterol) - Height & Weight - Glucose Level (Blood Sugar)

**Eye Exam (New for 2021)*

What are preventive screenings? (See Section III of the Biometric Screening Form)

- ❖ Preventative screenings are tests that are used to detect and monitor more serious health conditions. Your physician may, but is not required to, note on your Biometric Screening Form if you have completed the following tests (if applicable):

Mammogram - Prostate Cancer Screening - Pap Smear - Colorectal Screening

Who must complete a Biometric Screening Form?

- ❖ All participants who wish to enroll in the *highest* level of medical coverage for which they are eligible must complete a Biometric Screening Form. This applies if:
 - You were enrolled in a lower plan in 2020 and wish to enroll in the highest plan in 2021;
 - You were enrolled in the highest plan in 2020 and wish to stay in that plan in 2021; or
 - You are enrolling in medical coverage for the first time and wish to elect the highest plan
 - Please note: if you do not wish to enroll in the highest medical plan for which you are eligible, you do not need to complete a Biometric Screening Form.
- ❖ Your spouse must complete a Form only if he/she is enrolled under your Fund medical coverage
- ❖ Dependent children are not required to complete a Biometric Screening Form

What happens if I and/or my spouse do not to complete a Biometric Screening Form?

- ❖ If you elect the highest medical plan and you and/or your enrolled spouse do not complete a Biometric Screening Form, you will be enrolled in the second highest medical plan, effective January 1, 2021.

What is the deadline to complete the Biometric Screening Program?

- ❖ The Biometric Screenings must have been completed between November 1, 2019 and November 13, 2020. If your results for last year's Biometric Screening Form were collected within this time period, you may use those same results for your 2021 form (you still must complete a 2021 form). You must return your completed Biometric Screening Form(s), signed by your physician, to the Fund Office no later than November 13, 2020.

How do I submit my Biometric Screening Form(s) to the Fund Office?

- ❖ You may submit your completed Biometric Screening Form(s) via mail, fax, or e-mail. You may also upload your form(s) online through the Document Center in your MemberXG account.

Will I have to pay for the Biometric Screenings?

- ❖ If you schedule your doctor visit as a "well" visit, you should not incur a co-pay. However, you may incur out-of-pocket costs for other services that your doctor deems necessary. Or, your doctor may charge a fee for completing the Biometric Screening Form.

***If you have any further questions, please contact the Fund Office at 610-941-9400 ext. 105**